

## Atul Gupta

He worked as paediatricians in rural area as government servant for five year then he left the job in intend to do social services. He is presently working in Parenting, Adolescent Issues, Stress Management, Suicide Prevention, Drug Abuse Prevention, Social Paediatrics, Emotional Intelligence, Neonatal Resuscitation, Nutrition, and Vaccination.

His story is very interesting. Being a doctor in profession, he himself went into depression state of mind. Ultimately he overcomes the problem in some years, During this period he realized the pain for others and then he decided to dedicate his life for social services. He decided to help those people of society who are suffering from same problems.

He participated in Hello Doctor and Radio Talk program on various health issues. Working in the field of awareness regarding adolescent health issue in school and colleges. By 2019, he completed twenty workshops related to stress management and suicide prevention, drug abuse and addiction in medical colleges, engineering colleges, universities. He awaked more than 30000 students and 10000 people in 2019. He is doing these entire programs for social cause from his own expenses. He also contributed to community radio program – Gunjan. He trained more than 1000 health care professional on Neonatal Resuscitation. He is also helping the poor family students to pay fee for their studies by collecting donations from various agencies.

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